

Peace Flows Into Me

For SATB choir and piano

By Paul A. Aitken

www.paulaitkenmusic.com

ABOUT THE COMPOSER

Dr. Paul A. Aitken (b. 1970) is a freelance composer/conductor and Director of Music Emeritus of the *Cathedral of the Rockies* in Boise, Idaho.

The first-ever winner of the <u>ACDA Brock Student Composition Competition</u> for his piece "Flanders Fields," Aitken is sought after as both conductor and composer. He has been commissioned by organizations such as the American Guild of Organists, the State of Idaho, and the Boise Philharmonic Master Chorale. Aitken made his <u>Carnegie Hall debut in 2010</u> conducting his major work, And None Shall Be Afraid with a choir of 200 and the New England Symphonic Ensemble. Aitken now has more than 40 compositions to his credit spanning more than two decades of writing.

Aitken is a lifetime member of ACDA and has served at State, Division and National levels, including National Chair of Music in Worship. Dr. Aitken holds degrees from the University of Western Ontario, Southern Illinois University at Carbondale, and the University of Oklahoma. He and his wife, MacKenzie, live in Nova Scotia, Canada where they own & operate the 130 year old Maple Inn -- an eight bed boutique hotel on the picturesque and historic Bay of Fundy.

For more information about Dr. Aitken and his work, please visit www.PaulAitkenMusic.com.

REGARDING "PEACE FLOWS INTO ME"

It's never a simple task to make the decision to retire after many years of service to an organization. There are lots of questions about whether the timing is right, whether you have the financial means to move forward after retirement, and how your decision will impact others. In early 2020, I made the decision for me to retire from ministry in Boise – and so these thoughts were all fresh in my mind as I was selecting a text for Sean Ambrose's retirement commission in summer 2021.

Since first reading it several years ago, I loved the Sara Teasdale poem, "Peace." It's a classic and simple poem ripe with thoughts that I really connected with following my own retirement. For example, as I reflected on the line: "You are my deepening skies" I couldn't help reflecting on all those with whom I'd worked, all the singers I'd been fortunate enough to work with, and realizing they were, in fact, my own *deepening skies*. When I considered the phrase "They are all fulfilled in you" it completely fit with my understanding that my previous work was done...but that that energy would continue beyond my tenure. And now, it is *their stars I hold* as I continue to love those with whom I used to work from a afar.

But more than that, there is a peace that does flow into us at retirement. And it is this portion of the text that kept coming back to me as I discerned a text I wanted to use for the Sean Ambrose commission. Peace flows into us as we shed the years of service and begin to put them behind us. And this peace, over time, does flow into us with greater and greater exuberance as time moves on.

Best wishes upon your retirement, Sean. May you enjoy the peace it brings as you realize that your work continues on. *They are all fulfilled in you.*

Commissioned by the Laramie County School District #1 Music Staff (past and present) upon the retirement of Sean Ambrose after 31 years of faithful service to students, faculty and staff.

Premiered as the finale of the March 15, 2022 All City Vocal Concert.

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Lyrics by Sara Teasdale (1884-1933)

Paul A. Aitken (b.1970) ASCAP

With Simplicity & Reflection $\sqrt{3} = 46$



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